

Cedar Lake Parks Department

Fall Youth Volleyball



- 7-week clinic
- Learn volleyball basics
- Play in matches

Cost: \$20.00 (includes t-shirt)
 Where: Hanover Field House
 Who: Any Interested Middle School Students

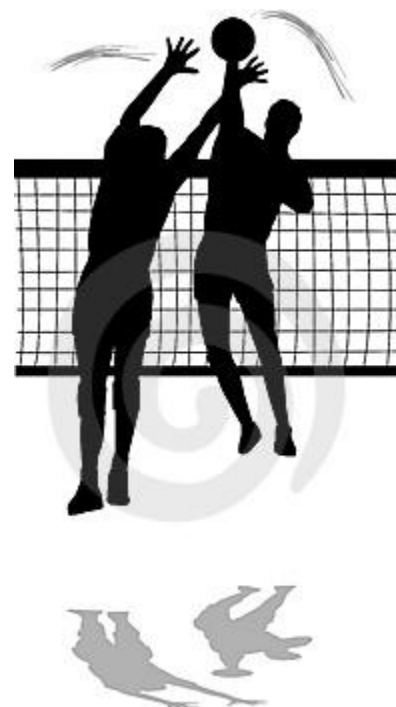
If interested call
 Cedar Lake Park Office at 374-4444

Registration forms available in Hanover main office
 and at Cedar Lake Park Office

Program Schedule

3:00 p.m. to 5:00 p.m.

Week 1	Jan. 28	Court Setup; Rotations; Safety; Passing
Week 2	Feb. 4	Passing and Serving
Week 3	Feb. 11	Setting
Week 4	Feb. 18	Spiking, Blocking and Digging
Week 5	Feb. 25	Passing-Setting-Spiking Combo
Week 6	Mar. 4	Working as a Team/Practice Games
Week 7	Mar. 11	Tournament; Pizza Party



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Cedar Lake Parks Department

Spring Youth Volleyball



- Learn Volleyball Basics

- Play in Matches

- 8 Week-Long Clinic

Cost: \$ 20.00

**Where: Hanover Field
House**

Who: Middle School Boys

**If interested call Cedar Lake
Park Office at 374-4444**

Schedule of Practices

Jan. 28	Court Setup, Rotations, Safety
Feb. 4	Passing and Serving
Feb. 11	Setting
Feb. 18	Spiking, Blocking and Digging Passing-Setting-Spiking Combo
Feb. 25	Working as Team/Practice Games
Mar. 4	Working as Team/Practice Games
Mar. 1	Tournament; Pizza Party

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